## ATHLETIC TRAINER

## **DEFINITION:**

Under general supervision, to develop and implement health services for the care and prevention of injuries to student athletes; to administer first aid and emergency medical care; to administer rehabilitation of injuries; to teach within the physical education curriculum; to serve as the college's athletics equipment manager; and to perform related duties as assigned.

**ESSENTIAL DUTIES:** The following duties are typical of those performed by employees in this job title; however, employees may perform other related duties, and not all duties listed are necessarily performed by each employee in the job title.

- Oversees, directs and schedules the activities of athletic trainers and athletic training students; recruits, guides, trains and evaluates trainers and interns in the performance of their duties;
- · Receives and reviews student health history records and informs faculty of health problems; maintains formal, confidential student health records;
- · Coordinates and assists physician with pre-participation screening exams of athletes;
- Counsels students with health or injury problems and makes referrals to health agencies; decides, in absence of team physician whether an athlete is medically able to participate in practice and/or return to competition;
- · Identifies and treats athletic related injuries; Administers

certificate; CPR certificate; pursuant to bylaw 9.2.3 of the California Community College Athletic Association Constitution & Bylaws, must possess Certification, recognized by the National Commission on Health Certifying Agencies and the American Medical Association, as an Athletic Trainer.

**ILLUSTRATIVE EDUCATION AND EXPERIENCE:** A typical way to obtain the above knowledge and skill is a combination of education and experience equivalent to:

Bachelor's degree with major coursework in health services, physical therapy or a closely related field, and one year of experience as a health services technician or athletic trainer.

## **PHYSICAL CHARACTERISTICS**: The physical abilities involved in the performance of essential duties are:

Sitting, standing to supervise home contests, perform training room activities and administration; walking from training rooms to fields or gym; running in response to emergencies; climbing, bending, stooping to operate equipment assess and treat injuries, and access supplies; hand/finger movement sufficient to type, treat injured athletes, operate and handle equipment; and lifting up to 75 pounds. Must be able to carry equipment for long distances and time durations. This work is performed indoors and outdoors in a variety of weather conditions.